



SOROPTIMIST

Best for Women®

Soroptimist International of Chico

Improving the lives of women and girls in local communities and throughout the world

Erase the Stigma
of Mental Illness

May 22, 2018

New This Week

President's Message

Program: Adverse Childhood Experiences (ACEs)

Masterpiece Painting

Texas here comes Marilyn

Editor's Desk

Message from President Natalie Conrad



Events



[Click here to see all our upcoming events](#)

Volunteers Still Needed at the following events:



JESUS CENTER

[Servers needed sign up here](#)

WEDNESDAY DOOR

Greetings!

Last week's program reminded us on the importance of using our intuition and creativity to help us get through any of life's difficult moments. Seeing a few of you up there painting also reminded me of the importance of having a tribe to support you. Our club is unique in many ways, but I love that we are there for whatever anyone is going through, from the birth of grandbabies to the deaths of loved ones and everything in between.

Even though our club is changing and evolving, I hope this part never changes. **Thank you Greetings!** for being a part of the SI Chico tribe.





[Click here to sign up](#)

Soroptimist International of Bidwell Rancho-Chico Presents 23rd Annual Microbrew Fest



[Tickets on sale now - click here](#)

They can also be purchased at:
The Home Brew Shop
3130 Hwy 32 #2 - Chico

SUDS (Soroptimist Understanding through Drinking & Socializing)



When: June
14th 5:30ish

Where: TBD

In service,

A handwritten signature in black ink that reads "Katalin Conrad".

Soroptimist International of Chico
2017-2018 President

This Week's Program

Adverse Childhood Experiences (ACEs)

[Read more about ACEs](#)

Speaker: Anna Bauer



Anna Bauer, who spoke to us earlier this year about Post Partum Depression, is back this week to give us an important update on Adverse Childhood Experiences (ACEs) Anna is a Program Manager for First 5 Butte County Children and Families Commission. Anna has been working with First 5 on behalf of the children and families in Butte County since 2008, and is passionate about maternal mental health and supporting families who are struggling with mental health issues. Anna is a founding member of Mothers Strong, a maternal mental health collaborative aimed at increasing community awareness about maternal mental health, and support for families. A longtime resident of Butte County, Anna has a Bachelors Degree in Child Development and a Masters Degree in Kinesiology from CSU, Chico. Don't miss this program! Every adult in Butte County needs to understand the impact of ACEs on children and our communities.



SOROPTIMIST
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**Soroptimist
Development
Retreat**

SNR

Save the Date
JULY 7TH & JULY 8TH
Atlantis Casino Resort Spa
3800 S. Virginia Street
Reno, NV

This is a working weekend for all Soroptimist members who want organization and personal growth in Soroptimist.

20 workshops to choose from, including:
"Getting Dream It Be it off the Ground"

Girls with Dreams, Become Women with Vision

[Click here for PDF flyer](#)



**STARS
DREAMS
& WISHES**

**SOROPTIMIST'S
45TH BIENNIAL
CONVENTION**

YOKOHAMA, JAPAN JULY 30-AUGUST 2, 2018

[Click here to see call to Convention](#)

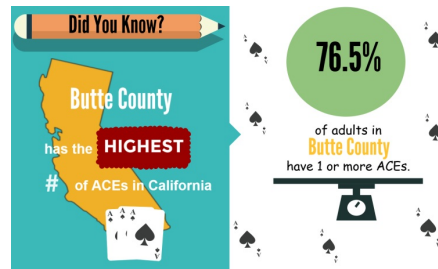
Sincerely,
SIA Headquarters

SAVE THE DATE



[View more pictures click here](#)

You are invited to the 2018 Soroptimist Day Retreat!!
Date: Saturday August 18, 2018
Place: Sun Dog Ranch, Cohasset



Coordinator: Trudy Duisenberg

Monthly Soropti-Wear Day



On the first Wednesday of the month (Business Meeting) is our SI Chico wear your T-shirts, sweatshirts and hoodies day. Add bling too if you like.

To purchase Soroptimist T-shirts, sweatshirts and hoodies contact Kathy Erickson at:
kathyerickson@pacbell.net

Starfish Award



Know a member that is making a difference in the committees, the club or the community? Let's recognize her or him with a Starfish Award. Please email your nomination to Kathy Erickson, Director Delegate at kathyerickson@pacbell.net

Details of timing and cost will be forthcoming. Mark your calendar and don't miss this epic Soropti-experience!!

Ann Leon thanks for all you do!



[Click here to visit Ann's website](#)
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Please include the members name and a brief description of what the member did to make a positive impact for others.

Developing Your Intuition Masterpiece Painting (photo by Laura Burghardt)



Thanks to all our painters for creating this masterpiece!

Watch out Texas here comes Marilyn Ey



Thanks for the laughter, friendship, and boundless energy, Marilyn Ey. You will be MISSED! (someone was heard murmuring as this photo was taken, "Has anyone warned Texas?")

Thanks Laura Burghardt for this photo and those beautiful words and from all of us, what Laura said!



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our E-blast, please let me know. Ads are \$100 for a business card size ad. Ads run from July 1st to June 30th. Our E-blast is not only seen by our members, it's seen by Sierra Nevada Region in their bi-weekly newsletter, it's placed on our website & SNR's website for the public to see.

Please email your articles or announcements by 5pm Sunday to: eblast@sichico.com

Joyce Brown, Editor

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